



Source: Thomas Lovelock for OIS/IOC



PARA TABLE TENNIS

Speed, skills and strength are evident in all aspects of Para table tennis. Competitions are grouped in standing or wheelchair events.

TYPE OF IMPAIRMENT

Physical and intellectual

SPORT CLASSES

WHEELCHAIR USERS

- 1-** Quadriplegia: no trunk control, no triceps muscle.
- 2-3** Triplegia: severe trunk problems, spasticity in upper limbs, severe diplegia, minor impairment in upper limbs, moderate trunk problems.
- 4-5** Moderate diplegia: moderate trunk problems, mild diplegia, minor trunk problems, minor different lumbar or sacral injuries.

ATHLETES WITH PHYSICAL IMPAIRMENT

- 6 -7** Severe problems in lower limbs/severe or moderate problems in upper limbs.
- 8 -9** Leg impairment/rigid hip and knee. Minor leg problem, amputated leg under the knee, minor arm problems.
- 10** Rigid ankle, moderate osteoarthritis of the hip/amputated arm (wrist or forearm).

ATHLETES WITH INTELLECTUAL IMPAIRMENT

- 11 CI** IQ below 70.



GAME RULES



A match comprises five sets of 11 points each.

The rules differ very little from the able-bodied game. The exceptions are:

- Wheelchair players may touch the table with the free hand to restore their balance only if the table does not move.
- Standing players with any arms amputated are allowed to attach the racket to their hand using a strap.